

1st Clown Tour in Bali, Indonesia, June 2-10, 2024

with Patch Adams' Gesundheit! Institute

Info Pack I - "Join us!"

Dear Clowns!

Welcome to Clowning in Bali 2024! Here are some thoughts about how Gesundheit! Institute intends the art of clowning and some suggestions and invitations for all of us in order to be ready to go to Bali!

Clowning

If you come to this tour with a sense of joy and generosity, there is no “right” or “wrong” way to be a clown, below, however, are some tips to prepare for success. When you embark onto a clown tour with Gesundheit! Institute the experience begins from the very moment you register!

Take some time before thinking about your clown character(s) and methods

How can your particular personal traits be best used in play? Experiment with being publicly happy, to be cheerful and engaging in public spaces. Practice making eye contact with strangers, smiling, singing, making goofy faces, wearing the clown nose. Practice joyful vulnerability. Practice playing with the Mow of events in life not as problems, but as opportunities.

REMEMBER: *You don't have to be funny (seriously)*

Clowning is a way to connect to people and share love. Don't worry about getting laughs, they will come naturally!

Take some time putting together your costume.

Make sure your clown costumes and shoes are comfortable, even if you feel silly. Thrift stores and yard sales abound with inexpensive clown wear. *Don't over-pack*, but bring enough costumes and clothes for the trip.

Keep in mind temperatures in Bali in June may vary from a minimum of 23.5 °C (74.3 °F) to a maximum of 31.4 °C (88.5°F). Expect sunny and cloudy days, with perhaps a little rain. The climate in Bali is tropical, characterized by high temperatures and high humidity throughout the year. Bali is near the equator (about 8 degrees south) and has two seasons, dry season (April to October) and wet season (November to March).

You will also find endless use for *many pockets*. Remember, a clown can be anything you imagine it to be!!!

Take some time getting toys together.

Experienced clowns often like to carry a bag full of props and goodies. There are certain clown tools that never run out of uses. Here is a quick list of props or toys you might

want to stock up on (remember: these are just suggestions). Bring enough to share and give away!

BALLOONS!, (an amazing joyful tool especially if it's your 1st time clowning!),

Puppets

Stickers

Bubbles

Face paints

Musical instruments

Sound makers

Whoopie cushion

Magic tricks

A personal photo album about your life at home, and where you are from.

Don't stop there, find anything that is funny or interesting to you, lots of folks like abstract props like big pieces of fabric, funnels, or string. Get creative!!!! YOU WILL BE HAPPY YOU HAVE A FEW PROPS! The list above is just a suggestion, bring anything that you wish to experiment with, even if it's just one thing. In the past, clowns have made use of such simple, fun props as: feather duster, call bell, music box, pull toy, kazoo, stuffed animal, slinky, finger puppets, a giant comb, a folding fan ...

Gifts when Clowning?

Gift giving is a wonderful and beautiful thing, but can also be challenging for a clown. Often, if you begin giving out gifts in a *group* of kids you will be transformed in their eyes from a "funny loving clown" to "vending machine." If you want to give presents away it is a good idea to do it with *individual* kids with whom you are having a personal and intimate clowning connection!

A serious note about clowning

While clowning can be wild and full of energy, it is very important to remember that we are guests, both in the country and the institution where we are clowning. DON'T BE TOO NAUGHTY, IT CAN JEOPARDIZE CHANCES TO RETURN IN FUTURE YEARS. This means while we encourage you to be creative and experimental, we need to be respectful of any rules or requests about behavior. Please come with an open mind, and if someone from the team makes a request about your clowning, be open to the suggestions.

When we enter a room, we enter with awe and wonder, and MAKE NO ASSUMPTIONS about the space we are entering. We have found that the more we establish a relationship with people when clowning, the more we can explore creative possibilities of play. Being a clown is about connecting with people, alleviating pain and suffering, and creating loving relationships with strangers.

Advisory

This is a drug-free trip. If you are under 18 years of age, there is no alcohol and no exceptions. Drug laws in Indonesia are particularly harsh. We are here to serve and befriend the local communities. All our activities will be consistent with this policy. This is a violence-free trip. Anyone who commits any act of violence will be immediately sent home.

Change money ONLY in designated facilities: the airport at arrival is good. The area of Bali where we'll be is relatively safe, but we advise that after dark, be in groups.

Do not bring anything that you cannot afford to live without (i.e. jewelry, a family heirloom, etc.)

The extra copy of your passport is a MUST!!!!
Gesundheit! has a NO-WHINING policy.

About Covid-19

1. Vaccination is recommended and not required for this program.
2. Health and safety are our priority, so we might be forced to reject applications from people who have health concerns which might be undesirably compatible with Covid-related health issues.
3. We expect flexibility and understanding from participants. Just one example: some institutions we are going to visit may require us to wear masks, and some like hospitals may require us to be tested at the entrance.
4. We expect maximum consideration about hygiene from each participant, since we are going to share spaces and have wonderful meals and activities together.

Next steps

Join us! Please fill out the Registration Form, proceed with the payment of the deposit or full tuition in order to reserve your spot in the event, and send your visa materials.

The deposit and full tuition are non-refundable. The program is self-sustaining, and deposits and tuitions cover the expenses of the organization process. If you have any questions, please don't hesitate to contact the Tour Coordinators.

Follow the links on the webpage: <http://www.patchadams.org/event/Bali/>

Once you've registered, please send the visa application materials as soon as possible to Mary at rumahdaisycantikceo@gmail.com

1. A scan of a 4x6 cm portrait photo of yourself on white background (passport photo will work);
2. A scan of the ID page of your passport;
3. Your bank statements from the past three months showing at least \$2000 in the account.

We'll contact you with more information to get ready for our clown adventure together! N.B.: If you don't receive emails from us a long time after registration, check

your email spam folder, and if nothing is there either, please contact the tour coordinators.

Mary Swanson rumahdaisycantikceo@gmail.com

Mark Enslin enslin.mark@gmail.com